| MONDAY | | | | |
|---|---|---|---|---|
| Breakfast | Snack | Lunch | Tea | Snack |
| Choice of cereal or toast | Selection of fruit and milk | **Risotto** | **Cheese wraps** | Rice cakes & biscuits |
| **TUESDAY** | | | | |
| Breakfast | Snack | Lunch | Tea | Snack |
| Choice of cereal or toast | Selection of fruit and milk | **Chana dal** | **Spaghetti on toast** | Rice cakes & biscuits |
| **WEDNESDAY** | | | | |
| Breakfast | Snack | Lunch | Tea | Snack |
| Choice of cereal or toast | Selection of fruit and milk | **Cheese & potato pie with beans** | **Soup with bread** | Rice cakes & biscuits |
| **THURSDAY** | | | | |
| Breakfast | Snack | Lunch | Tea | Snack |
| Choice of cereal or toast | Selection of fruit and milk | **Plant-based 'chicken' curry** | **Porridge** | Rice cakes & biscuits |
| **FRIDAY** | | | | |
| Breakfast | Snack | Lunch | Tea | Snack |
| Choice of cereal or toast | Selection of fruit and milk | **Pasta & vegetables** | **Sandwiches** | Rice cakes & biscuits |